YOUTH SPORTS

At the Y, we aim to help everyone reach their full potential. Our focus is developing the person behind the jersey, on and off the field of play. Children will gain new skills, build character and develop a sense of belonging by connecting with positive role models.

YOUTH BASKETBALL

The YMCA Youth Basketball League is a co-ed league. Volunteer coaches will lead children through practices focusing on the fundamentals of dribbling, shooting, passing and defense. Players will practice once per week (Tue or Thur evenings, between 5-7:30pm) with games held on Saturdays. The YMCA's Youth Basketball league is a developmental league meaning the emphasis will be placed on learning and having fun, rather than winning or losing.

LEAGUE DATES | JANUARY 14TH - FEBRUARY 22ND REGISTRATION DEADLINE | SEPTEMBER 30TH AGES | 7-11 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH VOLLEYBALL MULTI-WEEK CLINIC

Bump up the fun by joining us for our multi-week volleyball clinic for all skill levels. Participants will work on passing, hitting, and serving. Kids will learn the rules and gain a basic understanding of volleyball. This clinic is great for those who want to improve their skills or learn more about volleyball.

LEAGUE DATES | FEBRUARY 3RD - MARCH 23RD REGISTRATION DEADLINE | JANUARY 23RD AGES | 7-12 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH SOCCER (INDOOR)

The YMCAs Indoor Soccer League introduces children ages 3-10 to the fundamentals of soccer. Indoor Soccer is played at a fast pace with little to no interruptions, and teaches players great ball control and footwork.

LEAGUE DATES | FEBRUARY 29TH - APRIL 18TH REGISTRATION DEADLINE | FEBRUARY 16TH AGES | 3-10 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH T-BALL

Every All-star has to start somewhere! Our co-ed T-ball league is designed to help players learn basic skills such as batting, catching, throwing and base-running. Our league focuses on character development, skill building, team work and most importantly FUN!

LEAGUE DATES | MAY 16TH - JUNE 27TH REGISTRATION DEADLINE | MAY 3RD AGES | 3-7 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH TRACK AND FIELD

Healthy living meets healthy competition. This program will introduce program participants to the basics of Track & Field through engaging practices and meets. Running events will vary based on age, and will range from 60m to one mile. Field events offered include: softball throw, javelin throw (plastic javelin), Frisbee throw, long jump. Participants can participate in up to 4 events each meet.

LEAGUE DATES | JULY 1ST - AUGUST 1ST REGISTRATION DEADLINE | JUNE 21ST AGES | 4-12 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH CROSS COUNTRY

Healthy living meets healthy competition. This program will introduce program participants to the basic principles of cross country running through engaging practices and meets. Our goal is to improve running ability and stamina while providing participants and families with tools to make healthy food choices.

LEAGUE DATES | JULY 30TH - AUGUST 29TH REGISTRATION DEADLINE | JULY 19TH AGES | 4-12 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH SOCCER (OUTDOOR)

The YMCAs Youth Outdoor Soccer program introduces children ages 3-10 to the FUN-damentals of soccer. Soccer is a fast paced game that teaches players great ball control and footwork.

LEAGUE DATES | SEPTEMBER 12TH - OCTOBER 17TH REGISTRATION DEADLINE | AUGUST 31ST AGES | 3-10 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH BASKETBALL (2019)

The YMCA Youth Basketball League is a co-ed league. Volunteer coaches will lead children through practices focusing on the fundamentals of dribbling, shooting, passing and defense. The YMCA's Youth Basketball league is a developmental league meaning the emphasis will be placed on learning and having fun, rather than winning or losing.

LEAGUE DATES | NOVEMBER 7TH - DECEMBER 19TH REGISTRATION DEADLINE | OCTOBER 25TH AGES | 3-8 YEARS OLD YMCA MEMBER PRICE | \$40 COMMUNITY MEMBER PRICE | \$66

YOUTH SPORTS CAMPS YOUTH GOLF CAMP

Take a swing at golf with the Y! Participants will learn the basics of chipping, putting and driving in a fun, positive atmosphere.

CAMP DATES | JUNE 23RD - JUNE 25TH REGISTRATION DEADLINE | JUNE 15TH AGES | 7-13 YEARS OLD YMCA MEMBER PRICE | \$20 COMMUNITY MEMBER PRICE | \$40

OTHER YOUTH SPORTS CAMPS HAVE BEEN ADDED TO CAMP LITTLE EAGLE FOR 2020 AND ARE INCLUDED WITH CAMP REGISTRATION.