

# HOMESCHOOL HAPPENINGS WINTER 1

WINTER 1 | JANUARY 4TH - FEBRUARY 21ST

(YM) YMCA MEMBER SIGN UP | DECEMBER 7TH

(CM) COMMUNITY MEMBER SIGN UP | DECEMBER 14TH

(LO) LOCATION

CLASS	AGES	YM	CM	LO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HOMESCHOOL GROUP SWIM LESSONS</b>									
STAGE 1 W/ CAREGIVER	ALL AGES 3 AND UP W/ CAREGIVER	\$22	\$47	WARM WATER POOL					11:30-12:00 PM
STAGE 2 W/ CAREGIVER	ALL AGES 3 AND UP W/ CAREGIVER	\$22	\$47	WARM WATER POOL					12:10-12:40 PM
STAGE 3 W/ CAREGIVER	ALL AGES 3 AND UP W/ CAREGIVER	\$22	\$47	WARM WATER POOL					12:50-1:20 PM
STAGE 4	RECOMMENDED 5-15 YEARS OLD	\$26	\$55	LAP POOL					11:45-12:30 PM
STAGE 5	RECOMMENDED 5-15 YEARS OLD	\$26	\$55	LAP POOL					12:45-1:30 PM
TEEN BEGINNER LESSONS	AGES 10 AND UP	\$22	\$47	LAP POOL					11:00-11:30 AM

## HOMESCHOOL SWIM GROUP SWIM LESSONS

**COMBINED STAGE A/B** | Caregivers accompany children in this stage. This class introduces infants and toddlers to the aquatic environment through exploration and also encourages them to enjoy themselves while learning about the water with a trusted adult. Children will be introduced to floating, blowing bubbles, and fundamental water safety and aquatic skills.

**STAGE 1** | Caregivers accompany children in this stage. With the support of the caregiver, students will develop comfort with the underwater exploration and learn to safely exit in the event of falling into a body of water. This stage is intended for those with little to no lessons experience other than the parent-child classes and those with little comfort in the water.

**STAGE 2** | Caregivers accompany children in this stage. Students will focus on body position and control, directional change, and forward movement in the water while also continuing to practice how to safely exit in the event of falling into a body of water. This class is intended for those who have COMPLETED STAGE 1 or having completed at least 2 years of organized lessons other than parent-child classes. Student must have a visible level of comfort in the water while being assisted.

**STAGE 3 (WARM WATER)** | Caregivers accompany children in this stage. Students will learn how to swim longer distances. This stage also introduces rhythmic breathing and integrated arm and leg action. This class is intended for those who have COMPLETED STAGE 2 or have at least 3 years of organized lessons other than

parent-child classes. Student must have a visible level of comfort in the water while being assisted.

**STAGE 4** | Students in this stage develop stroke technique in front crawl, backstroke, and breaststroke. They will begin to learn the butterfly kick and how to dive from the wall at the 9 foot level. Water safety is reinforced through treading water and elementary back stroke. This class will incorporate swimming lengths of the pool to build on endurance levels. This class is intended for those who have COMPLETED STAGE 3 and have FULL independence in any depth of water unassisted with proper freestyle stroke technique.

**STAGE 5** | Students in this stage will work on stroke technique and learn all major competitive strokes. This stage will incorporate learning how to dive from the diving blocks. Emphasis on water safety

continues through treading water and sidestroke. This class is intended for those who have COMPLETED STAGE 4.

## TEEN SWIM LESSONS

**BEGINNER** | Participants in this stage learn basic swim and safety skills to create comfort in and around water while introducing swimming as a fun activity.

## WHAT SWIM LESSONS SHOULD YOU SIGN UP FOR?

Knowing which swim class to sign up for can be confusing. That's why the YMCA is offering free swim evaluations! Here's how it works. Come to the Parkview Warsaw YMCA pool on any Tuesday, Wednesday and Thursday from 5:00 PM - 8:00 PM and one of our certified lifeguards will complete a swim evaluation with you!

**TUESDAYS, WEDNESDAYS AND THURSDAYS FROM 5:00-8:00 PM. NO REGISTRATION REQUIRED.**

## YMCA SCHOOL CARE ALWAYS BE LEARNING

The 2020-2021 school year is here and with it comes a lot of changes and uncertainty. In response, the YMCA has been hard at work improving and creating a series of School Care programs that will have you and your family covered for whatever this school year brings.

The YMCA's 2020-2021 School Care programs include Kids' Club Before and After School Care, E-Learning Day Camps, School Break Camps, Snow Day, and School Cancellation Day Camps. With each program, The Y will provide low staff to student ratios, backup tablets for e-learning, and a safe setting to learn and play that will help assure that children

have the attention and resources they need to continue succeeding at a high level.

**BEFORE AND AFTER SCHOOL CARE** | In general, each program site opens as early as 6:00 AM and closes no later than 6:00 PM. For the full list of program sites and the times please visit [www.kcymca.org](http://www.kcymca.org) or scan the qr code. Kids' Club is for children entering kindergarten through 6th grade. Our Claypool, Mentone, and Pierceton locations we will be providing additional care for children ages 3 to 5 years before school. There will also be care provided for children ages 3 to 5 after preschool at Pierceton. Preschool children must be potty trained.

## E-LEARNING DAY CAMPS, SCHOOL BREAK CAMPS, SNOW DAY CAMPS, AND SCHOOL CANCELLATION CAMPS

| Each program is held at the Parkview Warsaw YMCA and will be open from 6:00 a.m. to 6:00 p.m. Drop off and pick up will not be available before opening or after closing times. These programs are for children entering kindergarten through 6th grade and provide children a safe and fun environment to learn, play, and make new friends when school is not in session.

**IF YOU WOULD LIKE TO REGISTER FOR ANY OF OUR 2020-2021 SCHOOL CARE PROGRAMS PLEASE VISIT THE PARKVIEW WARSAW YMCA WELCOME CENTER.**

