

# September 1st-September 30th

## Gym 1

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
5:00 AM											Closed		Closed	
6:00 AM														
7:00 AM														
8:00 AM														
9:00 AM				Silver Sneakers				Strong Nation						
10:00 AM														
11:00 AM														
12:00 PM														
1:00 PM														
2:00 PM														
3:00 PM														
4:00 PM														
5:00 PM														
6:00 PM	Basketball Camp							Volleyball Camp						
7:00 PM			Pickleball											
8:00 PM			Badminton											
9:00 PM	Closed										Closed			
10:00 PM	Closed													

Court A (Near Hallway) / Court B (Near Windows)

NO FOOD OR DRINK ALLOWED IN THE GYM

(Closeable, non-glass bottles are allowed)

**Please adhere to social distancing guidelines**

September 1st-September 30th

Gym 2

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
5:00 AM											Closed		Closed	
6:00 AM											Closed		Closed	
7:00 AM											Closed		Closed	
8:00 AM											Closed		Closed	
9:00 AM	Body Sculpt								Body Sculpt		Closed		Closed	
10:00 AM											Closed		Closed	
11:00 AM	Enhance Fitness				Enhance Fitness				Enhance Fitness		Closed		Closed	
12:00 PM											Closed		Closed	
1:00 PM											Closed		Closed	
2:00 PM											Closed		Closed	
3:00 PM											Closed		Closed	
4:00 PM											Closed		Closed	
5:00 PM											Closed		Closed	
6:00 PM											Closed		Closed	
7:00 PM											Closed		Closed	
8:00 PM											Closed		Closed	
9:00 PM	Closed													
10:00 PM	Closed													

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