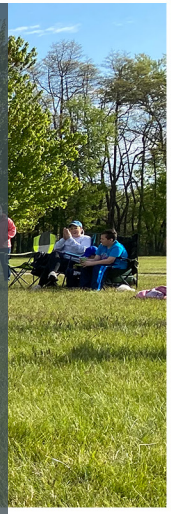
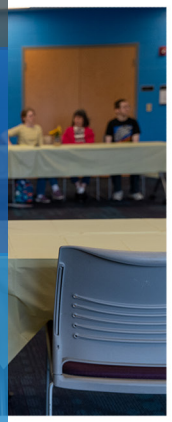
SUMMER PROGRAM GUIDE





SUMMER 1 | JUNE 6TH - JULY 17TH
REGISTRATION BEGINS | MAY 23RD
YMCA MEMBER EARLY REGISTRATION BEGINS | MAY 16TH

SUMMER 2 | JULY 18TH - AUGUST 28TH
REGISTRATION BEGINS | JULY 11TH
YMCA MEMBER EARLY REGISTRATION BEGINS | JULY 5TH

KOSCIUSKO COMMUNITY YMCA | 1305 MARINERS DR, WARSAW, IN 46582 | 574.269.9622

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SUMMER CAMPS

SUMMER DAY CAMPS

CAMP	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	REGISTRATION DEADLINE	CAMP DATES	TIME	LOCATION	ABOUT
CAMP LITTLE EAGLE	Children entering kindergarten through 8th grade and individuals needing inclusive supports up to the age of 22 years old.	$140 A WEEK	$120 A WEEK	REGISTRATION IS ON GOING	6.6 - 8.12 (MONDAY THROUGH FRIDAY)	6:00 AM-6:00 PM	PARKVIEW WARSAW YMCA	Summer camp is a special type of community where kids come together to learn and have fun. Within the YMCA camp setting, children develop a sense of independence as they explore nature, find new talents, try new activities, gain independence, make lasting friendships, and create lifelong memories.
CAMP LITTLE FEATHER	Children entering pre-school through those entering kindergarten	$140 A WEEK	$120 A WEEK	REGISTRATION IS ON GOING	6.6 - 8.12 (MONDAY THROUGH FRIDAY)	6:00 AM-6:00 PM	PARKVIEW WARSAW YMCA	

SPORTS CAMPS

CAMP	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	REGISTRATION DEADLINE	CAMP DATES	TIME	LOCATION	ABOUT
YOUTH GYMNASTICS CAMP	KINDERGARTEN, 6-17 YEARS OLD, OR CURRENTLY ENROLLED IN YOUTH GYMNASTICS	$90	$65	6.12	6.13 - 6.16	8:30 AM-11:00 AM	220 PARKER STREET	Every child will reach their full potential, both physically and mentally. Gymnastics can be the key foundation in developing strength, flexibility and coordination, the basics needed for all sports. Gymnasts will be divided into groups based on skills and abilities. Each day they will visit all the events where they will be working on skills as well as routines. Each participant will receive a t-shirt.
PRESCHOOL GYMNASTICS CAMP	3-5 YEARS OLD	$55	$30	6.12	6.13 - 6.15	11:15 AM-12:15 PM	220 PARKER STREET	Build self-confidence, life and motor skills while learning age appropriate gymnastics skills through a safe and secure environment. Gymnasts will be divided into groups according to age and skill level. Each participant will receive a t-shirt.
YOUTH BASKETBALL CLINIC	5-6 YEARS OLD	$66	$40	6.6	6.13 - 6.22 (MONDAY, TUESDAY, WEDNESDAY)	4:30 PM–5:15 PM	PARKVIEW WARSAW YMCA	The YMCA's Summer Basketball Clinic is for any skill level. Participants will develop key skills such as dribbling, passing, and shooting while learning about the importance of teamwork, strategy, and what it means to be a good teammate. The coach leading the clinic has experience developing players aged 5 up to the college team level. Clinics are two weeks long and meet for 6 sessions)
YOUTH BASKETBALL CLINIC	7-8 YEARS OLD	$66	$40	6.6	6.13 - 6.22 (MONDAY, TUESDAY, WEDNESDAY)	5:30 PM–6:15 PM	PARKVIEW WARSAW YMCA	
YOUTH BASKETBALL CLINIC	9-14 YEARS OLD	$66	$40	7.18	7.25 - 8.3 (MONDAY, TUESDAY, WEDNESDAY)	4:30 PM–5:15 PM	PARKVIEW WARSAW YMCA	

SUMMER CAMPS CONTINUED

HEALTHY LIVING CAMPS

CAMP	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	REGISTRATION DEADLINE	CAMP DATES	TIME	LOCATION	ABOUT
PRESCHOOL FITNESS CAMP	3-5 YEARS OLD	$40	$20	6.24	6.27 - 6.30	4:30 PM – 5:00 PM	YMCA GYM 1	Get your child started on the road to a healthy lifestyle. Preschool fitness camp will make exercise fun and exciting. Designed to keep children moving and entertained for thirty minutes with fun fitness activities, from playing with a parachute to building their own obstacle course.
PRESCHOOL FITNESS CAMP	3-5 YEARS OLD	$40	$20	7.15	7.18 - 7.21	4:30 PM – 5:00 PM	YMCA GYM 1	
FITNESS FUNDAMENTALS CAMP	6-8 YEARS OLD	$45	$25	7.8	7.11 - 7.14	4:30 PM – 5:15 PM	YMCA GYM 1	Have fun and exercise at the same time! This camp will lead your child through different sets of drills and games to work on increasing speed, coordination, balance, and strength training. Learn the FUNdamentals of fitness with an emphasis on FUN.

CONDENSED SWIM LESSONS

HOW IT WORKS?

Condensed summer swim lessons allow swimming to take up to three classes per session instead of one. Classes run for two weeks and take place three times per week. Condensed lessons are a great way for young swimmers to move quickly through swim lessons. (Depending on instructor recommendations some swimmers may be asked to repeat a stage.

CONDENSED GROUP SWIM LESSONS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	TUESDAY	WEDNESDAY	THURSDAY
STAGE 1	ALL AGES 3 AND UP	$67	$31	WARM WATER POOL	10:30 AM-11:00 AM WITHOUT CAREGIVER	10:30 AM-11:00 AM WITHOUT CAREGIVER	10:30 AM-11:00 AM WITHOUT CAREGIVER
STAGE 2	ALL AGES 3 AND UP	$67	$31	WARM WATER POOL	10:30 AM-11:00 AM WITHOUT CAREGIVER	10:30 AM-11:00 AM WITHOUT CAREGIVER	10:30 AM-11:00 AM WITHOUT CAREGIVER
STAGE 3	ALL AGES 5 AND UP	$67	$31	WARM WATER POOL	10:30 AM-11:00 AM WITHOUT CAREGIVER	10:30 AM-11:00 AM WITHOUT CAREGIVER	10:30 AM-11:00 AM WITHOUT CAREGIVER
STAGE 3 MUST PASS WARM WATER STAGE 3	ALL AGES 5 AND UP	$67	$31	LAP POOL	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER
STAGE 4	RECOMMENDED 5 - 15 YEARS OLD	$67	$31	LAP POOL	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER
STAGE 5	RECOMMENDED 5 - 15 YEARS OLD	$67	$31	LAP POOL	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER
STAGE 6	RECOMMENDED 5 - 15 YEARS OLD	$67	$31	LAP POOL	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER	11:00 AM-11:45 AM WITHOUT CAREGIVER

CONDENSED GROUP SWIM LESSON SCHEDULE

SESSION	SESSION A	SESSION B	SESSION C	SESSION D
DURATION	2 WEEKS	2 WEEKS	2 WEEKS	2 WEEKS
CLASS DATES	6.7 - 6.16	6.21 - 6.30	7.5 - 7.14	7.19 - 7.28

HOME SCHOOL SWIM LESSONS

SUMMER 1 | JUNE 6TH - JULY 17TH

YMCA MEMBER SIGN UP | MAY 16TH

NON-MEMBER SIGN UP | MAY 23RD

SUMMER 2 | JULY 18TH - AUGUST 28TH

YMCA MEMBER SIGN UP | JULY 5TH

NON-MEMBER SIGN UP | JULY 11TH

HOMESCHOOL GROUP SWIM LESSONS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	MONDAYS
STAGE 1	4 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	WARM WATER POOL	10:30 AM-11:00 AM
STAGE 2	4 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	WARM WATER POOL	10:30 AM-11:00 AM
STAGE 3	4 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	WARM WATER POOL	10:30 AM-11:00 AM
STAGE 3	5 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	LAP POOL	11:15 AM-12:00 PM
STAGE 4	5 - 15 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	LAP POOL	11:15 AM-12:00 PM
STAGE 5	6 - 17 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	LAP POOL	11:15 AM-12:00 PM
STAGE 6	7 - 17 YEARS OLD **NO CAREGIVER IN WATER**	$50	$25	LAP POOL	11:15 AM-12:00 PM

SWIM LESSONS

SUMMER 1 | JUNE 6TH - JULY 17TH

YMCA MEMBER SIGN UP | MAY 16TH

NON-MEMBER SIGN UP | MAY 23RD

SUMMER 2 | JULY 18TH - AUGUST 28TH

YMCA MEMBER SIGN UP | JULY 5TH

NON-MEMBER SIGN UP | JULY 11TH

GROUP SWIM LESSONS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
COMBINED STAGE A/B	6 MONTHS - 3 YEARS OLD **W/ CAREGIVER IN WATER**	$62	$31	WARM WATER POOL	11:15 AM-11:45 AM	5:20 PM-5:50 PM		4:50 PM-5:20 PM	11:30 AM-12:00 AM
STAGE 1 W/ CAREGIVER	3 - 8 YEARS OLD **W/ CAREGIVER IN WATER**	$62	$31	WARM WATER POOL	5:00 PM-5:30 PM				10:50 AM-11:20 AM
STAGE 1	4 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$62	$31	WARM WATER POOL	5:40 PM-6:10 PM	6:00 PM-6:30 PM	6:10 PM-6:40 PM 6:50 PM-7:20 PM	5:30 PM-6:00 PM 6:10 PM-6:40 PM	9:30 AM-10:00 AM
STAGE 2	4 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$62	$31	WARM WATER POOL	5:40 PM-6:10 PM	6:00 PM-6:30 PM	6:10 PM-6:40 PM 6:50 PM-7:20 PM	5:30 PM-6:00 PM 6:10 PM-6:40 PM	10:10 AM-10:40 AM
STAGE 3 WW	4 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$62	$31	WARM WATER POOL	6:20 PM-6:50 PM	6:40 PM-7:10 PM		6:50 PM-7:20 PM	8:45 AM-9:15 AM
STAGE 3 LAP	5 - 12 YEARS OLD **NO CAREGIVER IN WATER**	$72	$36	LAP POOL		6:30 PM-7:15 PM		4:45 PM-5:30 PM	8:45 AM-9:30 AM
STAGE 4	5 - 15 YEARS OLD **NO CAREGIVER IN WATER**	$72	$36	LAP POOL	6:00 PM-6:45 PM		5:15 PM-6:00 PM		9:45 AM-10:30 AM
STAGE 5	6 - 17 YEARS OLD **NO CAREGIVER IN WATER**	$72	$36	LAP POOL		6:15 PM-7:00 PM		6:15 PM-7:00 PM	
STAGE 6	7 - 17 YEARS OLD **NO CAREGIVER IN WATER**	$72	$36	LAP POOL	6:15 PM-7:00 PM				
SWIM ACADEMY	6 - 17 YEARS OLD **NO CAREGIVER IN WATER**	$72	$36	LAP POOL			6:00 PM-7:00 PM		

TEEN AND ADULT SWIM LESSONS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
BEGINNER	17+	$72	$36	LAP POOL			7:00 PM-7:45 PM		
INTERMEDIATE	17+	$72	$36	LAP POOL			7:00 PM-7:45 PM		

SWIM LESSON STAGE DESCRIPTIONS:

COMBINED STAGE A/B | 30 minute class. For children 6 months to 36 months (3 years) This class introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about water with a trusted adult. Child will be introduced to floating, getting their face wet, blowing bubbles, and fundamental water safety.

STAGE 1 WITH CAREGIVER | 30 minute class. This class is a step up class for our 3 year olds and up who are ready to learn but still hesitant to swim alone. Parent and child will be in the water together while the instructor helps teach children how to float, be comfortable putting their face in the water, listening to instruction and how to behave in a pool setting. This class is intended for children who have had little to no swimming experience. **RECOMMENDED: Swim Caps and Goggles. (Both males and females)**

STAGE 1 | 30 minute class. Students must be 4 years old to be in this class. Students will learn how to float, be comfortable putting their face in the water, listen to instruction, enter and exit a pool independently, identify lifeguards, and learn some pool rules. WE EXPECT CHILDREN TO BE IN THIS STAGE 3-5 TIMES. Skills build on repetition. We want swimmers to be CONSISTENT and CONFIDENT in the water. **RECOMMENDED: Swim cap and Goggles. (Both males and females)**

STAGE 2 | 30 minute class. **STUDENTS MUST HAVE SUCCESSFULLY PASSED STAGE 1 OR HAVE BEEN SWIM SKILLS TESTED TO BE IN THIS CLASS.** Students should be comfortable to put face in the water. In this stage, students will focus on body position and control, directional change, and forward movement in the water while also continuing to practice safe entries and exits in the event of falling into a body of water. EXPECT CHILDREN TO BE IN THIS STAGE 2-5 TIMES. We want swimmers to be CONSISTENT and CONFIDENT in the water. **RECOMMENDED: Swim Cap and Goggles. (Both males and females)**

STAGE 3 WARM WATER | 30 minute class. **STUDENTS MUST HAVE SUCCESSFULLY PASSED STAGE 2 OR HAVE BEEN SWIM SKILLS TESTED TO BE IN THIS CLASS.** Students must be able to be comfortable putting face in the water. This stage will begin introducing rhythmic breathing and integrated arms and legs. Focus will be given to freestyle and backstroke and elementary backstroke. EXPECT CHILDREN TO BE IN THIS STAGE 2-4 TIMES. We want swimmers to be CONSISTENT and CONFIDENT in the water. **RECOMMENDED: Swim Cap and Goggles. (Both males and females)**

STAGE 3 LAP POOL | 45 minute class. **STUDENTS MUST HAVE SUCCESSFULLY PASSED STAGE 3WW OR HAVE BEEN SWIM SKILLS TESTED TO BE IN THIS CLASS.** Students will be comfortable having face in the water for longer periods. This stage will begin focusing on longer Stamina in the water, refining the flutter kick, arm recovery for freestyle and backstroke, introduction to rotary breathing, able to retrieve objects at the 5 foot level, sitting and kneeling dives. Introduction to whip kick and breaststroke as well. EXPECT CHILDREN TO BE IN THIS STAGE 2-4 TIMES. We want our swimmers to be CONSISTENT and CONFIDENT in the water. **RECOMMENDED: Swim Cap and Goggles. (Both males and females)**

STAGE 4 | 45 minute class. **STUDENTS MUST HAVE SUCCESSFULLY PASSED STAGE 3 LAP OR HAVE BEEN SWIM SKILLS TESTED TO BE IN THIS CLASS.** Students entering this stage will be comfortable swimming 1 lap of the pool (1 length) putting face in the water without stopping. In this stage, students will gain proficiency in freestyle and backstroke as well as kneeling and standing dives from the side of the pool. They will learn how to tread water for 3 minutes and also learn how to tread water with clothes on for one lesson. EXPECT THAT THEY WILL

BE IN THIS STAGE 2-4 TIMES. We want our swimmers to be CONSISTENT and CONFIDENT in the water. **REQUIRED: Swim Cap and Goggles. (Both males and females)**

STAGE 5 | 45 minute class. **STUDENTS MUST HAVE SUCCESSFULLY PASSED STAGE 4 OR HAVE BEEN SWIM SKILLS TESTED TO BE IN THIS CLASS.** Students entering this stage will have attained endurance enough to be able to swim 2 laps (50m or 2 lengths) of the pool in freestyle and backstroke, and 1 lap (25m or 1 length) of sidestroke and elementary backstroke. This class will focus on Mastery of these strokes as well as Proficiency of breaststroke and butterfly. Students will begin to learn diving off blocks and begin to understand and prepare for learning how to swim on a swim team. EXPECT THAT THEY WILL BE IN THIS STAGE 2-3 TIMES. We want our swimmers to be CONSISTENT and CONFIDENT and have STAMINA, ENDURANCE AND KNOWLEDGE OF THE STROKES in this stage. **REQUIRED: Swim cap and Goggles. (Both males and females)**

STAGE 6 | 45 minute class. **STUDENTS MUST HAVE SUCCESSFULLY PASSED STAGE 5 OR HAVE BEEN SWIM SKILLS TESTED TO BE IN THIS CLASS.** Students entering this stage will have attained mastery of freestyle and backstroke and be proficient in breaststroke and butterfly. Focus will be given to detail on these strokes while improving timing, flip turns, block diving, competition starts and stops. Students will be timed for a 12 minute swim test at the beginning and the end of the session. Students will learn how to develop a personal workout and learn how to use a pace clock. EXPECT THEM

TO BE IN THIS STAGE 2-3 TIMES. This stage is preparing swimmers to participate in competitive swimming and also helping those who are on swim teams refine their skills. We want our swimmers to be CONSISTENT and CONFIDENT and have STAMINA, ENDURANCE, and KNOWLEDGE OF THE STROKE AND COMPETITIVE SWIMMING. **REQUIRED: Swim cap and Goggles (Both males and females)**

TEEN & ADULT SWIM LESSONS

BEGINNER TEEN AND ADULT | 45 minute class. This class is structured for students age 12-85 who would like to learn to get comfortable in and around the water. Skills taught floating, putting face in water, learning basic strokes all while introducing swimming as a fun and healthy activity. **RECOMMENDED: Swim cap and Goggles (Both males and females)**

INTERMEDIATE TEEN AND ADULT | 45 minute class. This class is structured for students 12-85 who have some comfort in the water and are able to float, have some basic knowledge of the freestyle and backstroke. They will be developing stroke technique and gaining endurance to be able to swim laps comfortably in the pool. **REQUIRED: Swim Cap and Goggles (Both males and females)**

PRIVATE LESSONS

Available for ages 3 through adult. This is the opportunity for you or your child to receive extra attention and practice. You can learn how to swim, perfect your technique or just get a little extra help. We may require a caregiver to accompany children who are unable to swim in the Semi private lessons. Swim Instructors and pool schedules will determine private lesson time and availability. Private is for one person, semi private for 2 or 3 people that request together. The Y will not pair without participants. REQUIRED FORM NEEDS TO BE SUBMITTED TO WELCOME DESK. Pricing is per person. Lessons are 30 minutes in length. **RECOMMENDED: Swim Cap and Goggles (Both males and females)**

4 PRIVATE SWIM LESSONS
- $75 | MEMBER
- $110 | COMMUNITY MEMBER

4 SEMI-PRIVATE LESSONS FOR 2
- $57 | MEMBER
- $83 | COMMUNITY MEMBER

4 SEMI-PRIVATE LESSONS FOR 3
- $38 | MEMBER
- $55 | COMMUNITY MEMBER

GYMNASTICS

SUMMER 1 | JUNE 6TH - JULY 17TH

YMCA MEMBER SIGN UP | MAY 16TH

NON-MEMBER SIGN UP | MAY 23RD

SUMMER 2 | JULY 18TH - AUGUST 28TH

YMCA MEMBER SIGN UP | JULY 5TH

NON-MEMBER SIGN UP | JULY 11TH

PRE-SCHOOL GYMNASTICS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	TUESDAYS	WEDNESDAY
BABY BEARS	WALKING - 3 YEARS OLD	$52	$26	YMCA GYM 2	6:20PM-6:50 PM	4:45 PM- 5:15 PM 5:15 PM-5:45 PM
LITTLE BEARS 1	3-4 YEARS OLD	$62	$31	YMCA GYM 2	5:25 PM-6:10 PM	5:45 PM-6:30 PM
LITTLE BEARS 2	4-5 YEARS OLD OR 3-4 IF YOU HAVE TAKEN LITTLE BEARS 1	$62	$31	YMCA GYM 2	4:30 PM-5:15 PM	6:45 PM-7:30 PM
SUPER BEARS	4-5 YEARS OLD OR 3-4 IF YOU HAVE TAKEN LITTLE BEARS 2	$62	$31	YMCA GYM 2		4:30 PM-5:15 PM
SUPER BEARS/ BEGINNER LEVEL 1	4-6 YEARS OLD	$62	$31	YMCA GYM 2	7:00 PM-7:45 PM	

BOYS GYMNASTICS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	TUESDAYS	WEDNESDAY
BOYS 1	4 - 5 YEARS OLD	$62	$31	220 PARKER ST	4:30 PM-5:15 PM	
BOYS 2	6 - 10 YEARS OLD	$62	$31	220 PARKER ST	5:20 PM-6:05 PM	

TUMBLING LESSONS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	TUESDAYS	WEDNESDAY
BEGINNER	5 - 17 YEARS OLD	$62	$31	220 PARKER ST	4:30 PM-5:15 PM	
INTERMEDIATE / ADVANCED	6 - 17 YEARS OLD	$62	$31	220 PARKER ST	5:20 PM-6:05 PM	

YOUTH GYMNASTICS LESSONS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	MONDAYS	WEDNESDAYS	THURSDAYS
LEVEL 1	KINDERGARTEN OR 6 - 17 YEARS OLD	$72	$36	SEE TIMES	5:35 PM-6:35 PM 220 PARKER ST	4:30 PM-5:30 PM YMCA GYM 2 5:30 PM-6:30 PM YMCA GYM 2	5:30 PM-6:30 PM 220 PARKER ST
LEVEL 1A	KINDERGARTEN OR 6 - 17 YEARS OLD	$72	$36	SEE TIMES	5:35 PM-6:35 PM 220 PARKER ST	6:35 PM-7:35 PM YMCA GYM 2	5:30 PM-6:30 PM 220 PARKER ST
LEVEL 2	KINDERGARTEN OR 6 - 17 YEARS OLD	$72	$36	SEE TIMES	4:30 PM-5:30 PM 220 PARKER ST	5:30 PM-6:30 PM YMCA GYM 2	4:30 PM-5:30 PM 220 PARKER ST
LEVEL 2A	KINDERGARTEN OR 6 - 17 YEARS OLD	$72	$36	SEE TIMES	4:30 PM-5:30 PM 220 PARKER ST	6:35 PM-7:35 PM YMCA GYM 2	
LEVEL 3	ANYONE PRE-TEAM OR TEAM LEVEL	$83	$42	SEE TIMES			4:30 PM-6:00 PM 220 PARKER ST

GYMNASTICS OPEN GYM

CLASS	AGES	CM	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	DATES	TIME
OPEN GYM	6-17 YEARS OLD	$6	$4	220 PARKER ST	4.14 | 5.14	10:00 AM-11:30 AM

GYMNASTICS

Through gymnastics, kids learn coordination, self confidence, and motor skills in addition to developing flexibility and balance. We offer gymnastics classes as soon as your child is walking, and they can progress through several levels. We even offer a competitive Gymnastics Team. We also have classes just for boys or with an emphasis in Tumbling.

PRE-SCHOOL GYMNASTICS LESSONS

BABY BEARS | You and your child will be involved in a quality bonding experience while your child is introduced to a structured social environment. They will also develop self-confidence while working on motor skills, coordination and balance.

*ONLY 1 CAREGIVER PER CHILD

LITTLE BEARS 1 | Beginner level. Success, security and fun will be gained at this level. Kids will learn basic tumbling and explore new skills on the equipment.

LITTLE BEARS 2 | Prerequisite: Little Bears 1 or 4 to 5 years old. Intermediate level. Building on basic skills learned in previous level.

SUPER BEARS | Prerequisite: Little Bears 1 or 2 or 5 years old. Advanced level. Provides a foundation of basic tumbling skills, apparatus work and starting to learn more advanced skills.

BEGINNER LEVEL 1 | Prerequisite: Super Bears or currently in Kindergarten. Preparing for Level 1 Youth Class. Continue to master skills that are in Level 1.

BOYS GYMNASTICS LESSONS

Your child will develop strength, flexibility and coordination, which are the building blocks needed for all sports, through this fun, energetic class. Participants will learn basic tumbling and explore different skills on the vault and uneven bars.

BOYS 4-5 YEARS OLD & 6-10 YEARS OLD | Your child will develop strength, flexibility and coordination, which are the building blocks needed for all sports, through this fun, energetic class. Participants will learn basic tumbling and explore different skills on the vault and uneven bars.

YOUTH GYMNASTICS LESSONS

Every child will reach their full potential, both physically and mentally. Gymnastics classes can be the key foundation in developing strength, flexibility and coordination, the basics needed for all sports. Gymnasts will learn gymnastics skills in a safe and secure environment, developing self-confidence and self-discipline while having fun! Due to the progressive style of these classes, multiple sessions at any given level should be expected and instructor approval is required for advancement.

LEVEL 1 | Introduction to the cartwheel, handstand and basic roll. Beginner skills are introduced on the vault, uneven bars and balance beam.

LEVEL 1A | Gymnast can correctly execute a cartwheel, handstand and basic rolls. Can walk across and execute skills on the beam with confidence.

LEVEL 2 | More challenging skills will be learned in all events. There will be increased emphasis on dance skills, flexibility and strength.

LEVEL 2A | Gymnast can correctly execute a round-off, handstand, forward roll, split leap and split jump on floor. Has mastered all beam skills in Level 2 such as lever, tuck jump, coupe hold and arabesque scale. Has mastered all uneven bar skills in Level 2.

LEVEL 3 | Skills and combinations learned in this class are equivalent to those used at the pre-team / team level. This will help gymnasts prepare for pre-team and team.

TUMBLING LESSONS

Tumblers will learn floor skills in a safe and secure environment, developing confidence and self-discipline while having fun! Classes designed to help cheerleaders and/or gymnasts of all skill levels refine and upgrade their tumbling skills.

BEGINNER | Little to no tumbling experience, working on cartwheels, round-offs, handstands.

INTERMEDIATE/ ADVANCED | Has basic tumbling skills mastered, working on back handsprings.

PRIVATE GYMNASTICS AND TUMBLING LESSONS

1 LESSON (LESSONS ARE 1 HOUR)

- **1 PERSON**
  - ◇ PRICE | $45
  - ◇ PRICE WITH YMCA MEMBERSHIP DISCOUNT | $35
- **2 PEOPLE**
  - ◇ PRICE | $35
  - ◇ PRICE WITH YMCA MEMBERSHIP DISCOUNT | $25
- **3 PEOPLE**
  - ◇ PRICE | $30
  - ◇ PRICE WITH YMCA MEMBERSHIP DISCOUNT | $20

4 LESSONS (LESSONS ARE 1 HOUR)

- 1 PERSON --
  - ◇ PRICE | $155
  - ◇ PRICE WITH YMCA MEMBERSHIP DISCOUNT | $115
- 2 PEOPLE
  - ◇ PRICE | $115
  - ◇ PRICE WITH YMCA MEMBERSHIP DISCOUNT | $75
- 3 PEOPLE
  - ◇ PRICE | $95
  - ◇ PRICE WITH YMCA MEMBERSHIP DISCOUNT | $55

Contact Tonya Douglass at twelsh@kcymca.org for more information about Private Gymnastics Lessons.

CHEERLEADING OPEN GYM FOR TUMBLING, STUNTING, AND JUMPS

Interested in participating in the Warsaw Legacy Elite Competitive Prep Cheer Team in August and want to start getting familiar with WLE staff and working on old and new skills at Open Gyms throughout the summer. Are you a cheerleader just wanting to work some tumbling, stunting and jump skills? These Open Gyms would be a great opportunity for your child. Please fill out an informational form at the first Open Gym to provide billing to charge accounts for each open gym your child attends. Only pay when you attend.

- **DATES |** 6.8, 6.15, 6.22, 6.29, 7.6, 7.13, 7.20, 7.27, 8.3
- **AGES |** 5-17 YEARS OLD
- **TUMBLING OPEN GYM |** 5:30 PM - 6:15 PM
- **STUNTING AND JUMPS OPEN GYM |** 6:15 PM - 7:00 PM
- **PRICE |** $6
- **PRICE WITH YMCA MEMBERSHIP DISCOUNT |** $4

YOUTH SPORTS LEAGUES

YOUTH SPORTS LEAGUES 2022

SPORT	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	REGISTRATION DEADLINE	LEAGUE DATES	LOCATION	GAME DAYS	PRACTICE DAY
TRACK & FIELD	4 - 12 YEARS OLD	$69	$45	5.29	6.8-6.29	GRACE COLLEGE	SATURDAYS	WEDNESDAYS
CROSS COUNTRY	4 - 12 YEARS OLD	$69	$45	7.7	7.28-8.27	HARRISON ELEMENTARY	SATURDAYS	THURSDAYS
OUTDOOR SOCCER	3 - 10 YEARS OLD	$69	$45	8.28	9.10-10.15	HARRISON ELEMENTARY	SATURDAYS	N/A
BASKETBALL	3 - 8 YEARS OLD	$69	$45	10.23	11.5-12.17	PARKVIEW WARSAW YMCA	SATURDAYS	N/A

YOUTH SPORTS LEAGUES

At the Y, we aim to help everyone reach their full potential. Our focus is developing the person behind the jersey, on and off the field of play. Children will gain new skills, build character and develop a sense of belonging by connecting with positive role models.

TRACK AND FIELD | This program will introduce participants to the basics of Track & Field through engaging practices and meets. Running events will vary based on age, and will range from 25m to 800m. Field events offered include: softball throw, javelin throw (plastic javelin), high jump, long jump. Participants will participate in 2 running and 2 field events each meet.

CROSS COUNTRY | Healthy living meets healthy competition. This program will introduce participants to the basic principles of cross country running through engaging practices and meets. Our goal is to improve running ability and stamina while providing participants and families with tools to make healthy food choices.

OUTDOOR SOCCER | The YMCA's outdoor soccer league introduces children (ages 3-10) to the fundamentals of soccer. Our league offers a fun and encouraging environment where players will learn ball control and footwork.

BASKETBALL | The YMCA Youth Basketball League (Age 3-8) is a CO-ED league. Children will learn the fundamentals of dribbling, shooting, passing and defense.

ADULT SPORTS

2022 ADULT SPORTS LEAGUES

SPORT	AGES	TEAM PRICE	REGISTRATION DEADLINE	LEAGUE DATES	LOCATION	GAME DAYS
SOCCER (SUMMER)	18+	$350	5.3	5.11 - 7.13	C.C.A.C.	WEDNESDAYS (5:30-8:30PM)
BASKETBALL (SUMMER)	18+	$400	5.11	5.19 - 7.21	PARKVIEW WARSAW YMCA	THURSDAYS (6:00 PM - 9:00 PM)
SOCCER (FALL)	18+	$350	6.26	8.3 - 10.5	C.C.A.C.	WEDNESDAYS (5:30 PM - 7:30PM)
VOLLEYBALL (FALL)	18+	$300	9.18	9.26 - 12.12	PARKVIEW WARSAW YMCA	MONDAYS (6:00 PM - 10:00 PM)
BASKETBALL (FALL)	18+	$400	9.28	10.5 - 12.14	PARKVIEW WARSAW YMCA	WEDNESDAYS (6:00 PM - 9:00 PM)

ADULT SPORTS 2022

SOCCER (SUMMER) | 7v7 league. Teams are required to wear uniforms (same color t-shirts or jerseys). 7-week regular season followed by a single elimination playoff. Game schedules to be made available electronically. Captains will be contacted weekly with game times. Game start times will be at 5:30, 6:30 or 7:30p.m. Playoff format will be based off the number of teams and will be determined after registration.

BASKETBALL (SUMMER) | 7-week regular season followed by a single elimination playoff. Game schedules to be made available electronically. Captains will be contacted weekly with game times. Game start times will be at 6, 7, 8, or 9 PM. Playoff format will be based off the number of teams and will be determined after registration.

SOCCER (FALL) | 7v7 league. Teams are required to wear uniforms (same color t-shirts or jerseys). 7-week regular season followed by a single elimination playoff. Game schedules to be made available electronically. Captains will be contacted weekly with game times. Game start times will be at 5:30 or 6:30p.m. Playoff format will be based off the number of teams and will be determined after registration.

VOLLEYBALL (FALL - MONDAYS) | 6v6 CO-ED league. Teams will play with a maximum of 4 male players on the court at one time. 8-week regular season followed by a single elimination playoff. Game schedules to be made available electronically. Captains will be contacted weekly with game times. Game start times will be at 6, 7, 8, or 9 PM. Playoff format will be based off the number of teams and will be determined after registration.

BASKETBALL (FALL) | 7-week regular season followed by a single elimination playoff. Game schedules to be made available electronically. Captains will be contacted weekly with game times. Game start times will be at 6, 7, 8, or 9 PM. Playoff format will be based off the number of teams and will be determined after registration.

HEALTHY LIVING

SUMMER 1 | JUNE 6TH - JULY 17TH

(YM) YMCA MEMBER SIGN UP | MAY 16TH

(CM) COMMUNITY MEMBER SIGN UP | MAY 23RD

SUMMER 2 | JULY 18TH - AUGUST 28TH

(YM) YMCA MEMBER SIGN UP | JULY 5TH

(CM) COMMUNITY MEMBER SIGN UP | JULY 11TH

COMMUNITY EVENTS

CLASSES	AGES	PRICE	DATE	TIME	EVENT DESCRIPTION
WORKOUT WEDNESDAY	16+	FREE AND OPEN TO THE COMMUNITY	6.1	8:30 AM - 11:30 AM & 4:30 PM - 7:30PM	|Open to the Community | Get your Group Ex fix during breaks! Enjoy a sampling of our best Group Ex classes in a 30-45 minute format. Everyone walks away with a bottle of water, protein bar, and a good workout. (To view the schedule of classes please download the Apple or Android Kosciusko Community YMCA App)
SUMMER PREVIEW OF CLASSES	16+	FREE AND OPEN TO THE COMMUNITY	6.4	8:00 AM - 11:00 AM	
COMMUNITY HEALTH SCREENING	18+	FREE AND OPEN TO THE COMMUNITY	8.13	8:30 AM - 1:30 PM	Register for this free community event to receive a free A1C screening to test for pre-diabetes (no fasting required) and Blood Pressure Check from our certified Heart-Healthy Ambassadors. After each individual is tested YMCA staff will go over the results with individuals to help determine their best next steps. Those next steps include programs like the Diabetes Prevention Program, free Nutrition Seminars, Blood Pressure Self Monitoring Programs, and tips on how to properly take your blood pressure at home.

MOMS ON THE MOVE

CLASSES	AGES	PRICE	DATE	TIME/LOCATION	REGISTRATION DEADLINE	EVENT DESCRIPTION
MOMS ON THE MOVE STROLLER STRIDE AND STROLL	18+	FREE	6.15 - 7.20	10AM - 11:30AM | OUTDOOR TRACK AND PARKVIEW CENTER FOR HEALTHY LIVING	6.12	Join our certified Oh Baby instructors as they guide you through a total body conditioning workout designed for moms and babies. Each 60 minute workout is comprised of strength training, cardio, and core restoration with fun and fellowship added to the mix. In case of inclement weather the class will meet in the Parkview Center for healthy Living and will be either a cardio or strength format. As part of the program, nutrition support will be provided by a Parkview Hospital Registered Dietitian throughout the six week session.
MOMS ON THE MOVE STROLLER STRIDE AND STROLL	18+	FREE	8.3 - 9.7	10AM - 11:30AM | OUTDOOR TRACK AND PARKVIEW CENTER FOR HEALTHY LIVING	7.31	

FREE A1C SCREENS

Free A1C screening by the Y to detect prediabetes. No fasting required. Open to the community. Registration reserves you a time frame and a screening. You can register online or at our Welcome desk.

A1C SCREENINGS WILL RETURN THIS FALL!

DIABETES PREVENTION PROGRAM

To reduce your risk for type 2 diabetes, this program gives you the skills and support needed to make healthy lifestyle changes. Led by a certified Y Lifestyle Coach, this year long program is designed to help you trade old habits for healthier new ones, increase your physical activity and lose a modest amount of weight. Lose weight, boost your energy, reduce your risk for Type 2 diabetes and improve your health for life! Registration is ongoing; form available at the Welcome Center. Financial assistance is available, please contact the YMCA of Greater Fort Wayne for availability at 260-755-4940 or email HEREFORYOU@FWYMCA.org. Registration is required.

FOR MORE INFORMATION | Contact Tracy Frick at tfrick@kcymca.org

FALL DIABETES PREVENTION PROGRAM START DATE | September 28th

CLASS TIMES | Wednesdays from 11:45 AM - 12:45 Pm or 5:30 PM - 6:30 PM

BLOOD PRESSURE SELF MONITORING PROGRAM

To combat the growing number of people suffering from high blood pressure the Parkview Warsaw YMCA has created the Blood Pressure Self Monitoring Program. During this 4-month program participants will be partnered with a trained healthy heart ambassador for personal, bi-weekly consultations on taking their own blood pressure and will meet monthly as a group to learn how modifying their nutrition and physical activity can significantly reduce their blood pressure. Each participant will be able to track their progress and celebrate their improvement. To sign up for the Blood Pressure Self Monitoring Program please attend one of our free kick-off events.

ABOUT THE PROGRAM | In this life-changing 4-month program, you will meet with a trained YMCA staff member bi-weekly, receive weekly email or phone call checkups, and meet as a group once a month for Nutrition Seminars. These meetings and seminars will work to assure that you are tracking, logging, and recording your blood pressure correctly and help you to learn how modifying your nutrition and physical activity can significantly reduce your blood pressure.

COST | $50 for YMCA and Community Members who need a blood pressure monitor. $35 for YMCA members and Community Members who own a blood pressure monitor already.

BLOOD PRESSURE SELF MONITORING KICK OFF EVENTS

Join us for a free Blood Pressure Self Monitoring Program Kick-Off Event! These free events are centered around buying, preparing, eating heart-healthy foods, and allow individuals to sign up for the YMCA's Blood Pressure Self Monitoring Program. For our evening events light appetizers will be provided and for our lunch events lunch will be offered. Registration is required.

PARKVIEW WARSAW YMCA KICK OFF EVENTS

- **APRIL 26TH** | 5:45 PM - 7:00 PM
- **APRIL 28TH** | 11:45 AM - 1:00 PM

NORTH WEBSTER YMCA KICK OFF EVENTS

- **MAY 26TH** | 4:30 PM - 6:00 PM

K21 PAVILION KICK OFF EVENTS | (IN PARTNERSHIP WITH LIVE WELL KOSCIUSKO)

- **APRIL 28TH** | 11:45 AM - 1:00 PM

SELF MONITORING NUTRITION SEMINARS

Continue to educate yourself on buying, preparing, and eating heart-healthy foods at our free Heart Healthy Nutrition Seminars. For our evening events light appetizers will be provided and for our lunch events lunch will be offered. Registration is required.

PARKVIEW WARSAW YMCA NUTRITION SEMINARS

- **MAY 24TH** | 5:45 – 7:00 PM
- **MAY 26TH** | 11:45 AM 1:00 PM
- **JUNE 28TH** | 6:30 PM - 8:00 PM
- **JULY 19TH** | 6:30 PM - 8:00 PM

NORTH WEBSTER YMCA NUTRITION SEMINARS

- **MAY 24TH** | 4:30 PM - 6:00 PM
- **JUNE 28TH** | 4:30 PM - 6:00 PM
- **JULY 19TH** | 4:30 PM - 6:00 PM
- **AUGUST 23RD** | 4:30 PM - 6:00 PM

K21 PAVILION NUTRITION SEMINARS | (IN PARTNERSHIP WITH LIVE WELL KOSCIUSKO)

- **MAY 26TH** | 11:45 AM 1:00 PM
- **JUNE 30TH** | 11:45 AM 1:00 PM
- **JULY 21ST** | 11:45 AM 1:00 PM

LIVESTRONG® AT THE YMCA

LIVESTRONG® AT THE YMCA CANCER IS A LIFE CHANGING DISEASE THAT TAKES A TREMENDOUS PHYSICAL AND EMOTIONAL TOLL ON THOSE AFFECTED that's why the YMCA and The LIVESTRONG® Foundation joined together to create LIVESTRONG® at the YMCA! This free program is designed to help anyone 18 and older who is living with, through, or beyond cancer reclaim their total health.

Participants work with YMCA staff trained in supportive cancer care to safely achieve their goals such as building muscle mass and strength; increasing flexibility and endurance; and improving confidence and self-esteem. By focusing on the whole person and not just the disease, LIVESTRONG® at The YMCA is helping people move beyond cancer in spirit, mind and body.

LIVESTRONG® PROGRAM DETAILS

- Free to anyone in the community who is 18 years or older living with, through or beyond cancer.
- The program comes with a free 12 month membership to the YMCA.
- Participants will attend 2 classes a week for 12 weeks. After that
- Exercises are individualized and focus on cardiovascular conditioning, strength training, balance and flexibility.
- To learn more about LIVESTRONG® at the YMCA, visit our website or contact Susan Potter at spotter@kcymca.org.
- Registration is ongoing.

UPCOMING LIVESTRONG® CLASSES

- August 30th - November 17th | 10:30 AM - 12:00 PM
- September 20th - December 8th | 6:30 PM - 8:00 PM
- Program registration is accepted anytime.

CELEBRATING SURVIVORSHIP:

To support those in our community going through cancer and their caregivers, the Y is hosting Celebrating Survivorship, a volunteer-led cancer support group meeting on the 2nd Monday of each month from 11:30-12:30 PM in the Parkview Center for Healthy Living inside the YMCA. Registration is required for in-person attendance. Lunch will be provided. Also, this year we will be offering a virtual link (ZOOM) for those that choose not to meet in person. For more information contact Susan Potter at spotter@kcymca.org.

- **CLASSES WILL RESUME IN SEPTEMBER**

INCLUSIVE PROGRAMS

SUMMER 1 | JUNE 6TH - JULY 17TH

YMCA MEMBER SIGN UP | MAY 16TH

NON-MEMBER SIGN UP | MAY 23RD

SUMMER 1 | JULY 18TH - AUGUST 28TH

YMCA MEMBER SIGN UP | JULY 5TH

NON-MEMBER SIGN UP | JULY 11TH

INCLUSIVE PROGRAMS

CLASS	AGES	PRICE	PRICE WITH YMCA MEMBER DISCOUNT	LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
SENSORY OPEN SWIM	ALL AGES	$2 PER VISIT	FREE	WARM WATER POOL				9:30 AM-10:15 AM	12:10 AM-1:00 PM
ADAPTIVE 1 ON 1 SWIM LESSONS	ALL AGES		**LESSON TIMES ARE SCHEDULED WITH THE INSTRUCTOR** FOUR 30 MIN. LESSONS | Members $60 | Program Members: $88 SEVEN 30 MIN. LESSONS Members $104 | Program Members $152						
MUSCLE UP	12+	$62	$31	FITNESS CENTER		6:00 PM-7:00 PM		6:00 PM-7:00 PM	
RUN WALK ROLL!	12+	$62	$31	FITNESS CENTER		6:00 PM-7:00 PM		6:00 PM-7:00 PM	

INCLUSIVE SPECIAL EVENTS

EVENT	AGES	CM	YM	DATE	TIME	DESCRIPTION
YMCA ART AFTERNOON	12+	TBD	TBD	TBD	TBD	TBD
YMCA NIGHT AT THE MOVIES	8+	$20	$15	7.22	TBD	July 22nd , time TBD. Bring your friends and join us as we go see The Rise of Gru! Let's have fun together, work on social skills and money management. Cost includes ticket and YMCA staff over-site. Additional $$ is needed for any snacks & YMCA staff with work with participants on money management and selecting snacks.
END OF SUMMER BASH	8+	$20	$15	8.26	5:00 PM - 8:30 PM	Come usher out summer and say hello to fall Friday August 26th from 5pm-8:30p. Join us for food, games, crafts and fun as we gather with friends for a fun evening at the YMCA.

INCLUSIVE PROGRAMS

SENSORY OPEN SWIM | Use this time in the Warm Water pool to enjoy the pool with fewer distractions, lower noise and a less crowded environment. Includes a caregiver if needed

ADAPTIVE 1 ON 1 SWIM LESSONS | Individualized instruction tailored to meet the needs and abilities of each participant. Using one-on-one techniques to create a safe and nurturing water experience for the student, the lessons will be formatted to meet each individual's needs and abilities, working on things such as water safety, basic swim skills and general recreational water activity. Assessment will be done and goals will be determined by the instructor and individual/family. Lesson times will be scheduled with the instructor in order to find a time that works best for each person. Lessons can be requested by filling out the Adaptive Swim Lesson request form at the Y's Welcome Center or by contacting Anne Petre apetre@kcymca.org

MUSCLE UP | Looking for a way to meet people, learn about health and get in a workout? This adaptive health and fitness class is designed for individuals with special needs. Build strength, increase flexibility and tone your muscles! This program will offer an introduction to cardio and strength machines, personalized coaching, individualized assistance, and group accountability.

RUN WALK ROLL! | Have you ever been interested in learning to do a 5k? Do you love to take walks? Are you just wanting an opportunity to get moving and make friends? Then this class is for you! Join us as we Run/Walk/Roll our way to being active

INCLUSIVE OPPORTUNITIES FOR YMCA MEMBERS

A PLACE FOR EVERYONE | INCLUSION HELP! | If you are unsure whether or not to have yourself or your child with a disability participate in a program, please contact us. Anne Petre is available to discuss specific needs to determine the safest fit and to communicate those needs to the instructor of any class. Contact her at apetre@kcymca.org or 574-269-9622.

Y BUDDIES! | Does your child need an extra hand to participate in our classes, sports or activities? Contact Anne Petre at apetre@kcymca.org or pick up a form at the Welcome Center to inquire about having a Y Buddy come alongside your child and help them participate in whatever it is they are interested in doing at the Y! Based on availability, we will match your child with a buddy who will be a 1:1 support for them during the program or class they are wanting to participate in. Interested in becoming a Y Buddy? Contact Anne or pick up a volunteer application today to get involved in making the difference in the life of a child here at our Y!

SUPPORT CHAMPION (AGE 18 AND UP) | If you, or someone you know who has a disability, are looking for possible employment opportunities please contact Rachel Hardy. Our Inclusive Programming Coordinator will work with those with any disability during and after the hiring process to make sure they are best equipped and prepared for the tasks asked of them. Employment opportunities are not guaranteed and require the typical hiring process.

ADAPTIVE FITNESS ORIENTATION (AGE 8 AND UP) | For those with any disability looking to get more active and fit by learning to use Wellness Center equipment and developing a workout plan. Includes a caregiver if needed. By appointment, please sign up at the Wellness Desk.

- Y Members: Free

MEMBERSHIP RATES

MEMBERSHIP BENEFITS

- Access to both the Parkview Warsaw YMCA and North Webster YMCA branches
- Free child watch for children ages 6 weeks - 14 years old
- Early registration and discounts on programs
- Free group exercise classes
- Personal Training
- And so much more

MEMBERSHIP TYPE	MONTHLY	NO JOINERS FEE!
FAMILY HOUSEHOLD | Two adults and dependent children under 19 or full-time college students through age 25 living in the same household.	$68	$0
ONE PARENT FAMILY HOUSEHOLD | One adult and dependent children under 19 or full-time college students through age 25 living in the same household.	$51	$0
TWO ADULT HOUSEHOLD | Two adults living in the same household.	$59	$0
SENIOR FAMILY HOUSEHOLD | Two adults living in the same household; both must be 60 or older; membership may include dependent children under 19 or full-time college students through age 25 living in the same household.	$51	$0
ADULT | Individuals ages 26-59.	$43	$0
SENIOR | Individuals age 60 or older.	$35	$0
YOUNG ADULT | Individuals ages 19-25.	$31	$0
YOUTH | Children age 18 and under.	$20	$0
2 YOUTH | Two children living in the same household age 18 and under.	$40	$0
ADDITIONAL MEMBERS (ADULT) | You may add additional members residing in your household for an extra fee. **Available on Family, Two Adult Household and Senior Family memberships only*	$20	$0
ADDITIONAL MEMBERS (2 ADULTS) | You may add additional members residing in your household for an extra fee. **Available on Family, Two Adult Household and Senior Family memberships only*	$40	$0
ADDITIONAL MEMBERS (1 ADULT AND ELIGIBLE CHILDREN) | You may add additional members residing in your household for an extra fee. **Available on Family, Two Adult Household and Senior Family memberships only*	$30	$0
ADDITIONAL MEMBERS (2 ADULTS AND ELIGIBLE CHILDREN) | You may add additional members residing in your household for an extra fee. **Available on Family, Two Adult Household and Senior Family memberships only*	$50	$0