

October 1st-November 2nd

Gym 1

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	A	B	A	B	A	B	A	B	A	B	A	B	A	B
5:00 AM											Closed		Closed	
6:00 AM											Closed			
7:00 AM														
8:00 AM														
9:00 AM			Silver Sneakers				Strong Nation							
10:00 AM														
11:00 AM														
12:00 PM														
1:00 PM														
2:00 PM														
3:00 PM														
4:00 PM														
5:00 PM														
6:00 PM	Adult Volleyball League		Adult Basketball League				Adult Volleyball League				Closed			
7:00 PM	Adult Volleyball League		Adult Basketball League				Adult Volleyball League				Closed			
8:00 PM	Adult Volleyball League		Adult Basketball League				Adult Volleyball League				Closed			
9:00 PM	Closed										Closed			
10:00 PM	Closed										Closed			

Court A (Near Hallway) / Court B (Near Windows)

NO FOOD OR DRINK ALLOWED IN THE GYM
(Closeable, non-glass bottles are allowed)

Please adhere to social distancing guidelines

October 1st-November 2nd

Gym 2

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	A	B	A	B	A	B	A	B	A	B	A	B	A	B		
5:00 AM				Gymnastics		Gymnastics					Closed		Closed			
6:00 AM												Closed				
7:00 AM												Closed				
8:00 AM												Closed				
9:00 AM	Body Sculpt						Strong 45				Body Sculpt				Closed	
10:00 AM															Closed	
11:00 AM	Enhance Fitness						Enhance Fitness		Fit after 40		Enhance Fitness				Closed	
12:00 PM															Closed	
1:00 PM															Closed	
2:00 PM															Closed	
3:00 PM											Closed					
4:00 PM											Closed					
5:00 PM				Gymnastics		Gymnastics					Closed		Closed			
6:00 PM	Adult Volleyball League									Adult Volleyball League		Closed				
7:00 PM											Closed		Closed			
8:00 PM											Closed					
9:00 PM	Closed											Closed				
10:00 PM	Closed											Closed				

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