

Summer 2010	Price		Monday	Tuesday	Wednesday	Thursday	Saturday
Preschool Classes	M	CM					
Preschool Fitness	\$5	\$11	9:30-10:00 a.m.				
Sports of All Sorts	\$7	\$16		9:30-10:15 a.m.	9:30-10:15 a.m.	9:30-10:15 a.m.	
E.D.G.E. (Exercise Development Gone Extreme)							
E.D.G.E.	\$6	\$15	4:15-5:00 p.m.		4:15-5:00 p.m.		
Youth Conditioning							
	Free benefit for Members			4:00-5:30 p.m.		3:30-5:00 p.m.	9:30-11:00 a.m.
Youth Sports	M	CM					
Flag Football	\$35	\$60	Ages 6-11 years Registration: March 10– May 5 Season Dates: May 15-June 26				
T-ball	\$35	\$60	Ages 3-7 years Registration: April 21– June 30 Season Dates: July 10-August 21				
Outdoor Soccer	\$35	\$60	Ages 3 years - 3rd grade Registration: July 1– August 26 Season Dates: September 11-October 23				
<p><u>Preschool Fitness</u> (ages 3-6) Get your child started on the road to a healthy lifestyle. Preschool fitness classes will make exercise fun and exciting. Designed to keep children moving and entertained for 30 minutes of fun activities from playing with the parachute to working on balance and teamwork.</p>							
<p><u>Sports of All Sorts</u> (ages 3-6) A fun, non-competitive atmosphere for preschoolers to learn about a sport each week.</p>							
<p><u>E.D.G.E. (Exercise Development Gone Extreme)</u> (ages 10-14) Program designed for youth that want to improve speed, agility, quickness, muscular strength, and flexibility. This program is for both the competitive athlete and for kids who want to get fit.</p>							
<p><u>Youth Conditioning</u> Graduates of this two day course may use most of the YMCA facilities at their convenience. Participants must attend both classes and pass a short quiz. Participants attend the same day each week and must register at the Welcome Center.</p>							
<p><u>Youth Sports</u> The YMCA’s Youth Sports program guarantees basic skill training, equal playing time, character development, and a great time. Participation, fitness, skill development, teamwork, sportsmanship and having fun will be stressed over winning. The YMCA strives to provide a positive environment for the young athlete and family. Parents are encouraged to become volunteer coaches and take an active role in the youth program.</p>							
Summer I	Summer II		Summer III	Summer IV	Summer V	Summer VI	
June 7-20	June 21-July 3		July 5-18	July 19-August 1	August 2-15	August 16-29	

All Summer Session Registration: Members– May 10 Community– May 17. Pricing is per two week session

YOUTH

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