



NEWS RELEASE

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For Immediate Release

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YMCA TO HOLD ITS SECOND ANNUAL YOUTH OUTDOOR TRIATHLON

Warsaw, IN – This summer on July 31st, kids ages 5 to 14 will have the opportunity to participate in a special triathlon event just for kids. Ages 5 to 8 will be in Division 1 and will swim 25 yards, bike 2 miles, and run a half mile. Ages 11 to 14 will be in Division 2 and will swim 50 yards, bike 4 miles, and run 1 mile. Children ages 9 and 10 can choose which division they would like to be in. The first wave will start at 8:30 a.m. at Pike Lake with the swim, followed by the bike and then the run.

Participants can use floatation devices; however, athletes using these devices will not be eligible for awards. A swim cap will be provided; helmets are required.

Registration can take place at any one of our three branches or online at www.kcymca.org. Register by July 19th. Tonya Welsh YMCA Program Director says, “I am really excited we are holding this event again this year and I hope that all the kids in the community will participate. It will be a lot of fun!”

Last year’s triathlon brought in 29 participants but due inclement weather the race had to be rescheduled for a later date in which only 15 could participate. Winners in Division 1 were Olivia Herman, age 9 and Tyler Metzinger, age 9. Winners in Division 2 were Belle Beeson, age 11 and Nolan Filchak, age 13.

The Kosciusko Community YMCA, a not for profit organization, provides community based programs that build healthy spirit, mind and body for all of Kosciusko County. All the efforts and offerings of the YMCA are guided by the core values of caring, honesty, respect and responsibility. Within our available resources, every effort will be made to accommodate all who wish to participate in YMCA programs and services. Supported in part through contributions to the Strong Kids Campaign, the YMCA provides membership and program assistance through need-based scholarships.