



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

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Youth Development at the Kosciusko Community YMCA

[Warsaw, IN] (August 20, 2010) – This fall the Kosciusko Community YMCA will be offering a variety of opportunities for youth to be active, interact, and grow. Youth Dodgeball will be Monday and Thursday afternoons starting September 9 for ages 10 to 15. Several versions of dodgeball will be played and all the rules will be explained before each game so no previous experience is necessary.

Kids' Night Out, will be Saturday, September 11 and Saturday, October 9 from 7:00-11:00 p.m. Kids' Night Out is an opportunity for kids Kindergarten to sixth grade to have fun with other children, swimming, climbing the wall, playing games and making crafts.

The Sharks Swim Team will be starting up again on September 20 for children over 5 who can swim one length of a 25 yard pool. As a member of the Sharks, swimmers will develop their competitive skills, stroke technique and endurance in a supportive learning environment. Participation will also build character, teamwork, and encourage individual achievement. Register after September 1.

National Gymnastics Day will be celebrated at our Y with a gymnastics open gym event where kids can tumble, swing, balance, and jump on September 18, 1:00-2:30 p.m.

Kids will also get the opportunity to participate in their first half marathon! The Y's Kids' Half Marathon for ages 9 to 14 encourages kids to walk or run a mile each day for 12 days and then run the final 1.1 mile on October 9th on the adult half marathon course. All participants will be rewarded with a t-shirt and finishers medal. Starts on September 27, please register by September 26.

All events can be registered for at any one of our three branches or online at www.kcymca.org. For more information contact the Y at 269-9622.

The Kosciusko Community YMCA, a not for profit organization, provides community based programs that build healthy spirit, mind and body for all of Kosciusko County. All the efforts and offerings of the YMCA are guided by the core values of caring, honesty, respect and responsibility. The Kosciusko Community YMCA does not deny any youth, adult, or family membership or participation based on their inability to pay. Need-based scholarships are available.

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