



NEWS RELEASE

March 16, 2010

For Immediate Release

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Spring Class Registration at the YMCA

Warsaw, Indiana- The Spring Session of classes at the Kosciusko Community YMCA will run from April 12 to May 30. Classes will include Body Sculpt, Boot Camp, Cardio Blast, Kickboxing, Step-N-Sculpt, Zumba, Yoga, Water Aerobics, and Indoor Group Cycling.

Kids will enjoy a new session of gymnastics, swimming, tennis, Sports of all Sorts, jump rope, and EDGE (Exercise Development Gone Extreme). Registration will start March 22nd for YMCA members and March 29th for everyone. See the Welcome Center or the website for Spring department schedules. Sign up at the YMCA Welcome Center or online at www.kcymca.org.

The Kosciusko Community YMCA, a not for profit organization, provides community based programs that build healthy spirit, mind and body for all of Kosciusko County. All the efforts and offerings of the YMCA are guided by the core values of caring, honesty, respect and responsibility. The Kosciusko Community YMCA does not deny any youth, adult, or family membership or participation based on their inability to pay. Need-based scholarships are available.

We Build Strong Kids, Strong Families and Strong Communities.