



NEWS RELEASE

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For Immediate Release

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Caleb France from Cerulean to Offer a Second Round of Cooking Classes at the YMCA

Warsaw, Indiana- Caleb France, owner of Cerulean Restaurant is currently offering cooking classes at the YMCA. In January the class had a Valentine's Day theme, featuring Wild Atlantic Salmon with a rosemary cream, seared asparagus and zucchini pancakes. In February, Caleb taught participants how to make a red wine reduction, an asparagus puree, a tomato puree, a roasted pepper puree, and a fruit puree. The upcoming March class will have a pasta sauce theme.

In each class Caleb demonstrates knife skills and students get an opportunity for hands-on participation. Caleb is volunteering his time and talent to share his knowledge and passion for cooking.

Classes for April, May, and June will be held at the YMCA Racquet Center from 7:00-8:30 p.m., with the exception of the April 21st class which will be at Cerulean, where participants will learn to make sushi. On May 19th, fish will be featured and on June 16th Caleb will focus on grilling. Class limit is 16 and spaces fill quickly. The March class is already full. Register today at the YMCA Welcome Center or online at www.kcymca.org. Call Summer Zimmer at (574) 269-9622 with any questions.

The Kosciusko Community YMCA, a not for profit organization, provides community based programs that build healthy spirit, mind and body for all of Kosciusko County. All the efforts and offerings of the YMCA are guided by the core values of caring, honesty, respect and responsibility. The Kosciusko Community YMCA does not deny any youth, adult, or family membership or participation based on their inability to pay. Need-based scholarships are available.

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