



NEWS RELEASE

December 18, 2008

For Immediate Release

Contact:

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Jingle All The Way Christmas Break Free Days and Classes

Warsaw, Indiana – Looking for something to do this Christmas Break? Want your kids to work off their excess energy? The Kosciusko Community YMCA Jingle All The Way Christmas Break Free Days are for you! The YMCA will be offering a Christmas Break Free Day on Tuesday, December 22nd and on Tuesday, December 29th.

The YMCA will be open to all youth and their parents for an entire day of fun activities. Free tennis and racquetball for kids will take place at the Racquet Center on State Road 15 all day. Open swim will be both days from 8:30-11:00 a.m., 3:00-5:00 p.m. and 7:00-8:00 p.m. Dodgeball will be on December 22nd from 5:00-6:00 p.m. and Hot Shot Shoot Out will be on December 29th from 5:00-6:00 p.m. There will be Christmas Carols in the Youth Center from 5:00-6:00 p.m. on December 22nd, and crafts in the Youth Center on December 29th from 6:00-8:00 p.m. The Climbing Wall will be open and free to everyone from 7:00-9:00 p.m.

Youth and their parents can enter the Smith Street YMCA and The Racquet Center for free on these days. Children under 10 must be accompanied by a parent at both facilities. Please call the YMCA with any questions at 574-269-9622.

The YMCA will also be offering free fitness classes December 21st-23rd and the 27th-30th. These classes will be offered free to everyone, and there is no need to pre-register. Just show up for the class of your choice! The YMCA will be holding a canned food drive during this week, please bring in non-perishable foods that will be donated to Combined Community Services and Our Father's House.

Classes that will be offered free include Body Sculpt, Water Aerobics, Circuit Intervals, Cardio Blast, Zumba, and Kickboxing. There will be both morning and evening classes. For a complete schedule and listing of class times see the YMCA Welcome Center or go online at www.kcymca.org/events.html to download the Free Fitness Class Schedule.

We Build Strong Kids, Strong Families and Strong Communities.

The Kosciusko Community YMCA, a not for profit organization, provides community based programs that build healthy spirit, mind and body for all of Kosciusko County. All the efforts and offerings of the YMCA are guided by the core values of caring, honesty, respect and responsibility. The Kosciusko Community YMCA does not deny any youth, adult, or family membership or participation based on their inability to pay. Need-based scholarships are available.

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