

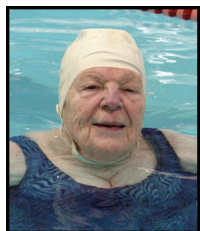


Kosciusko Community YMCA

Member Newsletter

Volume 2 Issue 10 October 2007

Meet a Member



My name is Arlene Hageman and I am so thrilled to be the YMCA member of the month. Next to my church this is my best place to be. There is so much offered at the YMCA in all Branches. My passion is the large pool, where I come 2 or 3 times a week for an hour. I have been swimming since I was 15 years old and never had a lesson, so I do my own routine. When I am in the water there are no aches or pains. Last June I became 86 years old and I hope I can still come a while yet. All the people I have met here are super and the lifeguards I have met have treated me so special. I am especially fond of Nancy Boston and Pat Park who excel in their jobs. I would rather swim than anything. If you want a fun, secure, caring, and safe place to go I recommend the YMCA.

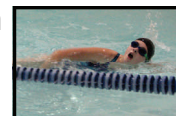
Swimming Challenge "Swim-a-Marathon"

Track your daily swimming or water walking with a goal of 26 miles over 10 weeks. Each participant will receive a log that will be maintained by the lifeguard on duty. Weekly totals will be posted in the pool area and awards will be presented at the end of the event.

October 8th-December 17th

Cost: \$5

Registration going on now!



Former Member Open House: Help Capture Former Members!

October 6th, 8:00am-12:00pm

A bounty prize will be awarded for former members who rejoin the YMCA on October 6th as well as for the current members who bring them in.

Free Activities include:

- Indoor Cycling 8-9am
- Land Aerobics 8:30-9:30am
- Yoga 9:45-10:45am
- Zumba 11am-Noon
- Cook Out
- Giveaways



Fall 2

Program Registration

October 8th for Members

October 15th for Community Members

Fall 2 Session

October 22nd-December 23rd

Register at any of our three branches
or

Register online www.kcymca.org

Kids Night Out

October 5th, 2007

7:00pm-7:00am

Cost: \$15.00 per child

Children in Kindergarten-6th grade

Activities Include: crafts, games, swimming, rock climbing, food, and movies.



Hacienda Gives Back

Hacienda's "Gives Back Fiesta Day" on October 10th will donate 20% of your final bill to the Sharks Swim Team. All you have to do is bring in the coupons provided at the Welcome Center, show it to your server and fundraising proceeds go to help the YMCA Sharks Swim Team!