



Kosciusko Community YMCA

Member Newsletter

Volume 5 Issue 3 March 2010

Member of the Month



I became a member of the YMCA shortly after the North Webster branch opened in the Community Center. The convenience of having the Y only four miles from my home is just wonderful. I have absolutely no excuse to

not make it there on a daily basis. The classes that are offered are very enjoyable and keep me from getting bored or burned out by having to do the same thing all the time. Lyn Crighton does an excellent job with the dance class and Melanie Mickley is a taskmaster in the step aerobics class. On days without classes, there are the treadmills, the elliptical, stair steppers and weight machines. I have attended some evening classes with Jay Johnson as well and his enthusiasm and spirit are infectious. I'm certainly not a youngster anymore but I bet my stamina and abilities could rival people half my age. I have all of the above instructors to thank for that. Our North Webster staff is always very helpful and cheerful. When I arrive in the morning, I'm always greeted by name and asked how I'm doing. Dave, Lori, Kay and Donna go out of their way to make you feel welcome and comfortable. I served on the Member Advisory Board and really felt like suggestions made at our meetings were taken to heart and were acted upon when possible. I was fairly new to this area and I have been lucky enough to now be part of some close and meaningful friendships that started at the Y. In fact I'll now let you in on a guilty secret, at least once a week after exercising a group of us head to Maria's Restaurant for the breakfast special of bacon, eggs, and crispy home fries!

Eleanor Hooker

Father & Son Night with the Mad Ants

March 5

Includes a pre-game chalk talk with Mad Ants coach, half-time high five tunnel, and post game photo on the court. All ages.

Kids Night Out!

March 19

7:00 p.m.-7:00 a.m.
Kindergarten-6th grade
Hopping Into Green

The YMCA thanks Caleb France and Cerulean Restaurant

For volunteering your time and talent to teach cooking classes at the YMCA.

World Compassion Network

Family 2 Family Boxes are available at the Welcome Center. Help feed the hungry by filling one of these boxes with a provided list of food and turning it back in to the Y.

Teen Night

March 12

8:00-11:00 p.m.

Ages 12-15

Register by March 11



Home Run Fitness

March 22-May 17

Seven week program to earn prizes by running, biking, swimming, and using the elliptical at the Y.

American Red Cross Blood Drive

March 20

April Showers Indoor/Outdoor Triathlon

April 25

Combined Community Services

Glass slipper collection is going on now to collect your old bridesmaid or prom dresses for girls in our community. Bring your dresses to the Y and we'll deliver them to CCS.

We build strong kids, strong families, strong communities.