



Kosciusko Community YMCA

Member Newsletter

Volume 2 Issue 6 June 2007

Meet a Member



I have been a member of the YMCA for over 20 years. The Y has always been an instrumental part of my life. Physical fitness and nutrition are both passions of mine, and the Y provides the necessary equipment for maintaining a healthy lifestyle.

I visit the YMCA 5 days a week, and use the fitness center, weights, and track for a full body workout. These tools provide physical challenges that benefit my mind, body, and spirit.

During my recent pregnancy, I was able to safely workout each day, right up to the day of delivery. Staying physically active resulted in minimal weight gain, and provided extra strength and endurance for delivery.

My daughter London, now 6 months old joins me at the Y. The YMCA daycare staff treats her like family, and she loves visiting them. With the new technology in the Fitness Center, I feel safe and relaxed that I can view her on my personal television monitor while she is in the nursery. Being a member of the YMCA continues my personal goals, while providing a place of family, friendships, and community.

Julia Spangle

Camps

There are several camps taking place this summer at the Smith Street branch and the North Webster branch. Some of the camps include: Preschool Gymnastics Camp, Youth Gymnastics Camp, and Cheerleading Camp. Our Youth Sports Camps include Soccer Camp and Basketball camp. For more information stop by the front desk.



Summer II

Program Registration

June 18th for Members

June 25th for Non-Members

Summer II Session

June 9th to August 11th

Register at any of our three branches

or

Register online www.kcymca.org

Camp Little Eagle

Camp Little Eagle Day Camp takes place Monday-Friday throughout summer break from 6 am to 6 pm at Lucerne Park. Around every corner friendly people and fun activities await such as swimming, canoeing, archery, and field trips.

Weekly Rate: \$90.00
(most field trips included)

Field Trip Daily Rate: \$30.00
(for field trip only)

Photo Contest Finalists

Stop by the lobby and take a look at the top ten photo finalists. The winner is up to you, take the time to vote for your favorite photo, the winner will receive a gift certificate to the YMCA pro shop!



Corn Hole Tournament

June 30th, 2007

\$15 per team

2-3 people per team

Don't Miss Out!