



Kosciusko Community YMCA

Member Newsletter

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Meet a Family



A Family Who Plays Together Stays Together

Our family loves coming to the YMCA! The YMCA offers many activities for adults and children. Our daughter loves doing gymnastics, and swimming with all of her friends. Our son loves swimming, doing the climbing wall and has participated on the preschool basketball league. In the winter months, we appreciate having a community YMCA to help our family keep active. Being parents of small children requires a great deal of energy, and the fitness center is a great place for parents to keep in shape. Our children are avid swimmers thanks to the swim instructors at the YMCA, and their dedicated father. Their dad loves taking them to the pool to swim and play every week. It is very important to play together as a family, and the YMCA offers so many activities for families to take advantage of. As a stay at home mother, I appreciate watching my children participate in many sports offered at the YMCA. It is nice to connect with other parents who have children the same age. We have made many friends at the YMCA. It is a great asset to our community! We are honored that you picked us to be the family of the month.

Matt, Shelly, Hunter & Megan Metzger

Outdoor Soccer Registration

Register until August 20th
Ages: 3 years-3rd grade

Members: \$25
Non-Members: \$45

Kids Klub

Our Kids Klub program is a safe, quality environment for before and after school care. It is offered for children K-6th grade on campus at: Eisenhower, Harrison, Jefferson, Lincoln, Madison, and Washington elementary schools. For more information contact the Welcome Center.



Corporate Challenge

The Corporate Challenge will be held during the month of September. There will be a total of 17 events during the challenge. The kick off day for the Challenge will be held on Saturday, September 8th.

Important dates to remember:

August 23rd @12:00– Captain's Meeting
August 30th– Registration Deadline

Events Include: Dodge Ball, Kickball, Swimming, Corn Hole, Climbing Wall, Tennis, Billiards, Volleyball, and many more.

Summer Cool Down

Check out the Summer Cool Down Schedule online at www.kcymca.org or at the Welcome Center. All Classes will be offered for **FREE** to everyone August 20th-September 1st.

Some of the classes include:

Yoga
Pilates
Zumba
Body Sculpt
Water Aerobics
Cardio Challenge

Silver Sneakers Yoga Stretch

