



# Kosciusko Community YMCA

## Member Newsletter

Volume 2 Issue 4 April 2007

### Meet a Member



My name is Ashley Vanwormer. I am a ten year old fifth grader at Harrison Elementary. I have always enjoyed swimming. So, when I needed to do something so I wasn't bored I decided to try the Y swim team. When I started I did not know how to do some of the strokes. As I learned, I found out

that I could go to state if I could swim very fast. To meet my objective I went to practice and worked very hard. I was rewarded when I tried the 100 breaststroke. I found out that I qualified for the state meet in Indianapolis, that renewed my determination. Soon I was in the top group and working very hard. At the next meet I qualified for the 50 breaststroke! The state meet was at the natatorium in Indy, that is where Olympic swimmers swim! It was awesome! I placed twelfth in the 100, and won a medal for placing sixth in the 50! It meant a lot to have lots of Y members cheering me on. Being a member of the Y has instilled confidence, and a sense of pride that I didn't have before. These things, and my family helped me set and achieve my goals. I am honored to be the Y member of the month.

### Around the Y in 40 days!

Going on right now, there are forms available at the front desk that include a variety of tasks and questions for you to complete. All of the questions and tasks have to do with our YMCA's programs, equipment, facility and staff. If you can complete all of the questions and tasks you will receive a free t-shirt. This is a great way to get to know your Y!

### Summer Swim Team



Swim team summer season begins May 14 and runs through July 13<sup>th</sup>. The cost is \$50 a month with a one time USA swimmer fee of \$28.50. The team will practice at the High School from 5:00pm-6:30pm until school is out and will then be practicing at the YMCA.

Contact the front desk for more information.

### Healthy Kids Day

The YMCA will be hosting Healthy Kids Day on April 14, at 11:00am-1:00pm at the Smith Street branch.

Come join the fun and all the free activities for members and non-members. Activities include: climbing wall, crafts, snacks, Trazer competitions, and an obstacle course. There will be activities designed for Parents kids to do together like, Land Aerobics, Boot Camp, and Yoga. The Warsaw Breakfast Optimist will be providing the Safe Assured ID program. Information booths will be on site including the Fire and Police Departments, YMCA Aquatics, Trail house, and Kosciusko County Safe Kids. The first 100 kids will receive a door prize

### Photo Contest

Submit photos you've taken of YMCA activities at any of the three Kosciusko Community YMCA branches for a photo contest going on now! Share your memories with the YMCA community! All photos should have been created within the past two years. Ten finalists will be selected and the winner will be determined by YMCA member vote. The entry deadline is May 31, 2007. Limit three entries per person please. The winner will be notified and awarded. Contact the front desk for more information.