



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Gym 1

January 6th - February 12

1305 Mariners Drive
Warsaw, IN 46582
(574) 269-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
5am					Interval Training 5:30am - 6:15am		
8am						Youth Basketball 8:15am - 12:45pm	
9am	Homeschool Fit for Kids 9:15am - 10:15am	Boot Camp 9am - 10am		Boot Camp 9am - 10am	Advanced Body Sculpt 9:15am - 10:15am		
10am		Chair Volleyball 10:15am - 11:15am		Chair Volleyball 10:15am - 11:15am	H.A.B.I.T 10:30am - 11:30am		
12pm					Pickleball 12:45pm - 3pm		Badminton 1pm - 3pm
4pm				Adaptive Programming 4:30pm - 5:30pm			^starts 1/21^
5pm	Youth Basketball 5:15pm - 7pm						
6pm				Adult Basketball 6:45pm - 10pm			
7pm	Adult Volleyball 7pm - 10pm	Badminton 7:45pm - 10pm					

--Gym 1 will not be available on Sunday, Jan. 14.--

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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Gym 2

January 6th - February 12

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(574) 269-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
8am						Youth Basketball 8:15am - 12:45pm	
9am			PiYo® 9:15am - 10:15am				
10am	Enhance®Fitness 10:30am - 11:30am	Gymnastics 10am - 12pm	Enhance®Fitness 10:30am - 11:30am				
4pm		Gymnastics 4:30pm - 8pm	Gymnastics 4:30pm - 8pm				
6pm	Adult Volleyball 6:45pm - 10pm			Adult Basketball 6:45pm - 10pm			

**All unscheduled times are considered "Open Gym."
Gym(s) may be divided in half during any open gym time before 7:30 p.m. Children under the age of 12 must be accompanied by an adult at all times.**