



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOIN TOGETHER FOR BETTER HEALTH

Sports and Recreation
Winter 2018



Sports & Recreation – Healthy lifestyle activities that bring together people with shared athletic and recreational interests, because lifelong rewards come from teamwork, friendly competition and exercise.

Co-ed Adult Volleyball League Need something to do when it is cold outside? Form a team and join our adult volleyball league, with games in the Parkview Warsaw YMCA gym. Maximum 4 males playing at one time.

Monday League, January 8–March 26, 7:00–10:00 p.m. Register by January 3. Current leagues have priority registration.

\$225 for a team of 6–9 players.

Badminton Open Play Enjoy playing a sport popular worldwide with other members. Join open-play-style doubles badminton for up to two hours in the gym.

Tuesday nights, January 9–May 22, 8:00–10:00 p.m. and Sundays, January 21–May 20, 1:00–3:00 p.m. No games April 29. Gym 1.

Y Members: Free Program Members: \$3/day.

5 v 5 Adult Basketball Need something to do when it is cold outside? Form a team and join our adult basketball league, with games in the Parkview Warsaw YMCA gym. Each team guaranteed 9 games. Top 4 teams will make the playoffs.

Thursdays, January 11–March 29, 6:00–10:00 p.m. No games March 1. Register by January 7.

\$250 for a team of 7–10 players, age 18 and up.

Pickleball Open Play Come play one of America's fastest growing sports! Meet other members while staying active. Very popular with older adults.

Fridays, January 12–May 18, 1:00–3:00 p.m. No games April 6. Gym 1. No pre-registration required.

Y Members: Free Program Members: \$2/day.

Indoor Adult Soccer (6 v 6 League) Want to stay in top form or have fun playing soccer with other Y members? Form a team and join our adult indoor soccer league for those age 18 and up. **Sundays, January 7–February 25, games start between 1:30–4:00 p.m.** Grace College Student Recreation Center. Register by January 9. Current leagues have priority registration.

\$175 for a team of 6 players.

Contact Zane Gard at zgard@kcymca.org or 574-269-9622 x238 with any questions or sign-up at the Welcome Center or online at www.kcymca.org.