



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JOIN TOGETHER FOR BETTER HEALTH

Sports and Recreation
Fall 2017



Sports & Recreation – Healthy lifestyle activities that bring together people with shared athletic and recreational interests, because lifelong rewards come from teamwork, friendly competition and exercise.

Adult Outdoor Soccer League Want to stay in top form or have fun playing soccer with other Y members? Form a team and join our adult outdoor soccer league for those age 18 and up. You will play competitive 7-v-7 soccer at Harrison Elementary.

Mondays, August 14–October 9, 5:30–7:30 p.m. Register by August 9.
\$200/team.

Badminton Open Play Enjoy playing a sport popular worldwide with other members. Join open-play-style doubles badminton for up to two hours in the gym.

Tuesday nights, September 5–December 19, 8:00–10:00 p.m. Gym 1.
Y Members: Free Program Members: \$3/night.

Pickleball Open Play Come play one of America's fastest growing sports! Meet other members while staying active. Very popular with older adults.

Fridays, September 8–October 20, and November 3–24 1:00–3:00 p.m. No pre-registration required.

Y Members: Free Program Members: \$2/day or \$10/session.

September 15, 1:00–3:00 p.m. will be free for everyone to come and try out the game!

Co-ed Adult Volleyball League Need something to do when it is cold outside? Missing beach volleyball? Form a team and join our adult volleyball league, with games in the Parkview Warsaw YMCA gym. Maximum 4 males playing at one time.

Monday League, October 23–December 11, 7:00–10:00 p.m. Register by October 18.

Thursday League, October 19–December 14, 7:00–10:00 p.m. No games November 23. Register by October 14.
\$150 for a team of 6–9 players.

5 v 5 Basketball Need something to do when it is cold outside? Form a team and join our adult basketball league, with games in the Parkview Warsaw YMCA gym. Each team guaranteed 9 games. Top 4 teams will make the playoffs.

Thursdays, January 11–March 29, 6:00–10:00 p.m. No games March 1. Register by January 7.

\$250 for a team of 7–10 players, age 18 and up.

Contact Zane Gard at zgard@kcymca.org or 574-269-9622 x238 with any questions or sign-up at the Welcome Center or online at www.kcymca.org.