



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE'RE HERE FOR GOOD

Special Events
Summer 2017



Youth Development– Nurturing the potential of every child and teen.

Healthy Living– Improving the nation’s health and well-being.

Social Responsibility– Across the country, the Y helps people give back and assist their neighbors by offering them opportunities to volunteer, advocate and support programs that strengthen the community.

Young Adults Bible Study For ages 18–35 this study will discuss “What does God have to say to believers?” **Wednesdays, May 31–August 23, 6:00–7:00 p.m.** Meets in the Chapel. No need to register.

Adult Outdoor Soccer Summer League Want to stay in top form or have fun playing soccer with other Y members? Form a team and join our adult outdoor soccer league for those age 18 and up. You will play competitive 7–v–7 soccer at Harrison Elementary. \$200/team. Register by June 1.
Mondays, June 5–July 31, 5:30–8:30 p.m.

Adult Beginner Spanish 3 Join us on a journey to learn the Spanish language! Enjoy the rewards of life–long learning while gaining the skills to connect to Spanish–speaking members in our community. This is a continuation of an introductory course in which participants will learn to listen to, speak, read and write entry–level Spanish, great for those wanting to learn conversational Spanish. This class will be tailored to the needs of participants, but is not recommended for those with considerable past experience learning Spanish. Additional extra–curricular practice is recommended. All class resources are provided. Located in Multi–Purpose Room 2.
Mondays, June 5–August 7, 6:30–8:00 p.m. Members: \$40/Session Program Member: \$60/Session. No class June 12 or July 3. Register by June 2.

Kathy’s Cancer Conversations This time of learning and support is free to cancer survivors and their spouses or caregivers at any stage of their journey. This volunteer–led Cancer Support Group will meet on the 2nd Monday of each month from 4:30–6:00 p.m. in the Parkview Center for Healthy Living at the Parkview Warsaw YMCA. Childcare will be available for Y members.
June 12– Putting out the Flames of Inflammation July 10– Calming Down our Minds August 14– Drumming!
September 11– What do you Say?

Adaptive Performing Arts Camp– Does your child with special needs like to perform, dance, make music, move, create, express themselves and have fun? Join us for a free performing arts camp! The directors of the University of Saint Francis Jesters Program along with YMCA staff and volunteers will be presenting this fun–filled week of performing arts camp as a kick–off to starting a year–round performing arts troupe for those with disabilities. The camp is for anyone with a disability age 13 and up.
June 19–23, 12:00–2:00 p.m. at the K21 Health Services Pavilion 1515 Provident Drive Warsaw
If you’re interested in volunteering to help with the camp and/or the ongoing program, please contact Anne Petre at apetre@kcymca.org for more details today!

Maximizing Your Marriage– The YMCA has been partnering with Crosswinds Counseling to offer a seminar series titled “Maximizing Your Marriage”. Each seminar has been interactive and educational and included various assessments and exercises addressing the topic covered each month. Register at <http://crosswindseyouth.org/family-counseling/events-and-seminars/> for the last seminar in the series.
Building Shared Life Vision– June 21 Goals and dreams and making your relationship different.
June 21, 6:00–7:30 p.m. Parkview Warsaw YMCA Multi–Purpose Room \$25/couple

Free A1C Testing by Parkview Health on July 11, 6:00–9:00 a.m. Located in the Parkview Center for Healthy Living

Cheer Clinics Kids ages 5–14 will work on developing cheerleading fundamentals– motions, jumps, stunts and tumbling in preparation for the start of a YMCA Competitive Cheer Team in the fall. If your child loves to learn new skills and work as a team, this is a good place to start. Contact Tonya Douglass at twelsh@kcymca.org or 574–269–9622 x221 for more information
Saturdays, July 15 and 29 and August 5, 12 and 19.
Ages 5–8, 9:00–11:00 a.m. and Ages 9–14, 11:30 a.m.–1:30 p.m.
Members: \$4/day Program Members: \$6/day

Community CPR Class Do you need a CPR certification for a job? Do you want to be more prepared to handle an emergency at home? Sign up to take an American Heart Association Heartsaver CPR class at the Y. You will learn adult, child, and infant CPR and AED use. This class provides a two–year certification, but does not include First Aid. For age 13 and up.
July 22, 9:00 a.m.–12:00 p.m. Y Members: \$20 and Program Members: \$30.
If you don’t make it into one of our classes, another option is the **CPR Skills Check–off**. Students who have completed an AHA online class (www.AHA.org) can schedule a skills check–off time to complete their two–year CPR certification. Accepted online course are BLS or Heartsaver courses. Participants must bring certificate of completion to class. Complete your CPR certification by contacting Zane Gard to set up a time. If you’re interested in having a group of 4–6 CPR certified, please contact Zane Gard at zgard@kcymca.org.