



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE BUILD COMMUNITY



Group Interest– Social networks and activities that bring together people who share common passions and personal interests, engaging spirit, mind and body.

Kathy's Cancer Conversations This time of learning and support is free to cancer survivors and their spouses or caregivers at any stage of their journey. This volunteer-led Cancer Support Group will meet on the 2nd Monday of each month from 4:30-6:00 p.m. in the Parkview Center for Healthy Living at the Parkview Warsaw YMCA. Childcare will be available for Y members. **August 14– Drumming! September 11– What do you Say? October 9– Ask the Pharmacist November 13– Nurturing Gratitude**
Free for everyone.

English as a Second Language (ESL) Led by Winona Lake Grace Brethren Church. Learn the basics of the English language through the "Ventures" curriculum in this safe and fun environment. Participants will be placed in one of five language levels after their first class. Participants should expect it to take 1-2 years of participation to work through the curriculum and advance levels. Sign-up at the Welcome Center. Childcare is available to members. Contact Zane Gard 574-269-9622 x238 with any questions. Multi-Purpose Rooms.
Tuesdays, September 12-December 12, 6:30-8:00 p.m. Can join at any time.
Free for Y Members and the Community. \$20 for the "Ventures" book.

Adult Beginner Spanish Join us on a journey to learn the Spanish language! Enjoy the rewards of life-long learning while gaining the skills to connect to Spanish-speaking members in our community. This is an introductory course in which participants will learn to listen to, speak, read and write entry-level Spanish, great for those wanting to learn conversational Spanish. This class will be tailored to the needs of participants, but is not recommended for those with considerable past experience learning Spanish. Additional extra-curricular practice is recommended. All class resources are provided. Located in Parkview Center for Healthy Living.

Session 1: Tuesdays, September 12-October 31, 6:30-8:00 p.m. Register by September 9.
Members: \$40 Program Members: \$65

Session 2: Tuesdays, November 7- December 12, 6:30-8:00 p.m. Register by November 4
Members: \$30 Program Members: \$45

CPR Skills Check-off Students who have completed an AHA online class (www.AHA.org) can schedule a skills check-off time to complete their two-year CPR certification. Accepted online course are BLS or Heartsaver courses. Participants must bring certificate of completion to class. Complete your CPR certification by contacting Zane Gard to set up a time. If you're interested in having a group of 4-6 CPR certified, please email Zane Gard at zgard@kcymca.org.