



Gym Schedule

Parkview Warsaw YMCA
August 12-30

1305 Mariners Drive
Warsaw, IN 46582
(574) 269-9622

	MON 14	TUE 15	WED 16	THU 17	FRI 18	SAT 19	SUN 20
9am					Advanced Body Sculpt Gym 1 9:15am - 10:15am		
10am				Gymnastics Gym 2 10am - 12pm	H.A.B.I.T Gym 1 10:30am - 11:30am		
4pm		Gymnastics Gym 2 4:30pm - 7:30pm	Gymnastics Gym 2 4:30pm - 7:30pm	Gymnastics Gym 2 4:30pm - 7:30pm			



Gym 1 Schedule

Parkview Warsaw YMCA
September 5 - October 14

1305 Mariners Drive
Warsaw, IN 46582
(574) 269-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
9am		Boot Camp 9:15am - 10:15am		Boot Camp 9:45am - 10:45am	Advanced Body Sculpt 9:15am - 10:15am		
10am					H.A.B.I.T 10:30am - 11:30am		
1pm					Pickleball 1pm - 3pm		
8pm		Badminton 8pm - 10pm					

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



Gym 2 Schedule

Parkview Warsaw YMCA
September 5 - October 14

1305 Mariners Drive
Warsaw, IN 46582
(574) 269-9622

	MON	TUE	WED	THU	FRI	SAT	SUN
10am			Enhance@Fitness 10:30am - 11:30am				
1pm					Pickleball 1pm - 3pm		
4pm		Gymnastics 4:30pm - 7:30pm	Gymnastics 4:30pm - 7:30pm				

All unscheduled times are considered "Open Gym."
Gym(s) may be divided in half during any open gym time before 7:30 p.m.
Children under the age of 12 must be accompanied by an adult at all times.