

## ***Fitness Room Monitor***

Reporting Relationship: Fitness Room Supervisor

FLSA Type: Non-Exempt

Mission Statement: to put Christian principles into practice through programs that build healthy spirits, minds, and bodies for all.

### **GENERAL FUNCTION**

Responsible for providing a clean and appealing environment for members. Also, helps members learn how to use the equipment properly.

### **SPECIFIC FUNCTIONS**

- \_\_\_1. Performs cleaning and general maintenance tasks.
- \_\_\_2. Establishes and maintains friendly and professional relationships with members and assist members if needed.
- \_\_\_3. Promotes participation in YMCA programs.
- \_\_\_4. Responds to emergency situations in accordance with YMCA policies and procedures. Completes incident and accident reports as required.
- \_\_\_5. Assists in special events.
- \_\_\_6. Promotes and incorporates the YMCA four core values and character development model.
- \_\_\_7. Assist Fitness Room Supervisor with related duties
- \_\_\_8. All other duties as required.

### **EDUCATION**

- High School Graduate, or Equivalent
- May accept High School Co-Op students

### **EXPERIENCE**

- 17 years of age or older
- General knowledge of fitness equipment

## **CERTIFICATIONS**

- Current CPR Certification  
-Adult, Child, Infant
- AED Certification
- First Aid Certification