

Saturday Aerobic Diversity Schedule

Date:

Saturday January 7, 2012

Saturday January 14, 2012

Saturday January 21, 2012

Saturday January 28, 2012

Saturday February 4, 2012

Saturday February 11, 2012

Saturday February 18, 2012

Saturday February 25, 2012

Saturday March 3, 2012

Saturday March 10, 2012

Saturday March 17, 2012

Saturday March 24, 2012

Saturday March 31, 2012

Saturday April 7, 2012

Saturday April 14, 2012

Saturday April 21, 2012

9:00-10:00 a.m.

Instructor

Class

Demo 9:00-11:00 a.m.

Renea Salyer

Kickboxing

Kristin Huscher

Step N' Sculpt

Renea Salyer

Fit Ball

Lori Prescott

Zumba

Renea Salyer

Kickboxing

Nicole Lemler

Zumba

Renea Salyer

Fit Ball

Michael Jennys

Yoga

Renea Salyer

Kickboxing

Lori Prescott

Zumba

Renea Salyer

Fit Ball

Kristin Huscher

Step N' Sculpt

Renea Salyer

Kickboxing

Nicole Lemler

Zumba

Renea Salyer

Fit Ball